Chairperson’s Address:

I am Dolores Corcoran, current Chairperson of Cumann na Daoine (CnD). I have been involved and volunteering with CnD for 20 years; starting out knowing absolutely nothing about community development, a learner myself, to sitting on the Management Committee, eventually becoming a Director, sitting on the Finance Sub Group, being Company Secretary at one time and now currently on the Staff Liaison Group and Chairperson. I continue to be very proud to be on the Board, to hold the Chairperson position and to represent CnD in all its facets.

2018 saw Cumann na Daoine in its 21st year grow beyond all our expectations. We opened our new social enterprise project the CnD Community Café in September and it will be a priority in 2019 to establish and grow this enterprise. The success of our annual Local Training Initiative (LTI) Culinary Skills course is a credit to all those who co-ordinate and support this programme.

Cumann na Daoine has evolved over the last 21 years and has adapted to changes initiated by Government but the one constant has always been to serve local community needs in the areas of social inclusion, community education, community arts, social enterprise, job creation, health, family services and social events.

On behalf of the Management Committee I would like to acknowledge the tremendous hard work carried out by all members of our staff. They always go above and beyond their jobs and so deserve high praise and our sincere thanks. As a result, we have a vibrant, safe and inviting building for the public to access, and the building itself is in top shape and kept to a very high standard.

I would also like to take this opportunity to thank the Management Committee for their time, dedication, passion, and drive to keep us going and moving the project along in all areas and at times having to challenge our own set ways to move into a very new age regarding technology, governance, legal requirements, social media etc. I am also delighted to see new volunteers on the Board of Management and look forward to working with you all again in 2019.

Thank You, Dolores Corcoran

Our Annual Report is written with service users and members in mind. While in the first part of our report we give summary information about the background, aims and objectives of the organisation, the main body of the report is focused on telling the story of the work we do. We conclude with a financial overview, a summary of our priorities for 2019 and we acknowledge our main sponsors on the last page. We highlight our weekly activities on page 20 which gives you an idea of the range of services and supports housed and provided by Cumann na Daoine on an ongoing basis. The Centre is vibrant, welcoming and working to full capacity – you are welcome to drop in anytime.
Background to Cumann na Daoine Community Development Project:

• Founded in 1997 by a group of local volunteers who set up as a Company Limited by Guarantee (CLG) in 2002

• Owns its own community resource centre – approx 8,000 sq ft. Open six days a week, from 8.30am to 10pm on Monday to Friday and 10am to 5pm on Saturday.

• Have 19 staff in total (11 + 8 on employment schemes) and 4 regular weekly volunteers

• CnD is fully compliant with the Code of Governance and GDPR regulations

• The annual footfall to the resource centre is approx 25,000

• The organisation has been managed successfully by volunteers for the last 21 years

Cumann na Daoine Aims and Objectives:

• We set out to provide programmes that will empower people to help themselves and each other. We strive to give people a voice; building community confidence and creating awareness of social issues.

• The spirit of the project is to reach out to all, enhancing skills and giving people belief in their own dignity and self worth. We aim to break down barriers by listening to, and accepting, each others differences.

• We work from the principles of equality and inclusion and adhere to the community development principles of empowerment, participation and collaboration.

• We are committed to providing a safe, accessible, welcoming and confidential environment for people to explore and value their own power.
2018 has been another great year at Cumann na Daoine (CnD). Over 20 programmes ranging from HGV training, horticulture, art, pilates and Tai Chi were offered to the public on a weekly basis. Key developments such as opening our Community Cafe in September and delivering our highly successful Culinary Skills course for a second year in a row have had significant impact & are very welcome new community offerings in Youghal. New social inclusion work such as working with Travellers across East Cork & supporting the LGBT+ community is going very well: more detail is provided later in the report.

The Management Committee itself has seen new members joining. The committee has 14 voluntary members with a range of skills and backgrounds, all living locally. The Management Committee meets on the first Tuesday of every month and responds very efficiently and effectively to all programme matters; financial, staff and strategic developments. The Company Policies and Procedures manual was updated during 2018 and covers all operational aspects of CnD. AGMs are held annually and some 2 to 3 members change every year. There are two sub-committees also run by volunteers and these are the Staff Liaison Group (SLG) which meets fortnightly and the Finance Group (FG) which meet monthly.

Members of the Management Committee and sub-committees are given below:

<table>
<thead>
<tr>
<th>Chairperson: Dolores Corcoran (D)</th>
<th>Member: Michael Dempsey (D)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Treasurer: Peggie Biessman (D) (FG)</td>
<td>Member: Biddy Phelan (D) (FG)</td>
</tr>
<tr>
<td>Secretary: Nikki Bray (D)</td>
<td>Member: Valerie O Donnell</td>
</tr>
<tr>
<td>Member: Angela O Loughlin (SLG)</td>
<td>Member: Stephanie Whyte</td>
</tr>
<tr>
<td>Member: Mary Daly White (D) (SLG)</td>
<td>Member: Trish McGrath</td>
</tr>
<tr>
<td>Member: Liam Power (D)</td>
<td>Member: Katherine Twomey</td>
</tr>
<tr>
<td>Member: Margaret Kelleher</td>
<td>FG: Lynda Brophy (LTI)</td>
</tr>
<tr>
<td>SLG: Mary O Neill (SLG) + 1 staff attend</td>
<td>FG: Susan Ashman + two staff attend</td>
</tr>
</tbody>
</table>

See organisation chart on page 16.

Towards the end of 2018, the resource centre was at full capacity. New services such as Jigsaw Youth Mental Health and Spring Chickens, a weekly programme for older people, have been approved and will commence early in the new year.

Work is well underway in collaboration with key partners (DEASP & SECAD) to host the East Cork Employment Fair in March 2019 and we work with other partners, i.e. Barnardos, Community Health Project, Tusla Child & Family Agency and Foroige to support the implementation of new projects in Youghal such as the setting up of a Family Resource Centre, establishing a Domestic, Sexual and Gender Based Violence (DSGBV) support service and applying for a new universal youth worker for Youghal.

Risk & Contingency: CnD continues to increase its reserves year on year in order to secure funds to assist the organisation in dealing with any unforeseen adverse impacts. The key risks identified are: reliance on short-term funding commitments, front office reliance on employment schemes; fire and burglary. All of these risk areas have been identified by management who are confident that CnD can respond positively to all eventualities. Risks are minimised through adequate insurance, staff cover and the maintenance of high building standards and compliance with all regulations.

1. E.g. Tradespeople, accountants, social workers, nurses, homemakers, community development practitioners, parents.
2. D = Director
Welcome to our Annual Report 2018!

During 2018, Cumann na Daoine has again gone from strength to strength and is heading into 2019 at full capacity. The staffing levels have grown to 11 employees plus 8 employment support scheme staff and 4 regular weekly volunteers. This is in addition to the voluntary Management Committee and additional volunteers with specific skill sets. Without the voluntary Management Committee, CnD would not be what it is today – a very successful community development project.

As Development Manager, I have seen the organisation expand its services to the local community by offering additional counselling hours, hosting Barnardos family support services, leading several cross-community initiatives on Domestic Violence, seeking a Family Resource Centre (FRC) and co-ordinating a Local Employment Network. Our footfall continues to be around 25,000 per annum and the age range is from 6 to 85 both male and female. We’ve also added new community services in 2018 and these include our new CnD Community Cafe (which is a social enterprise), additional training3 days for all staff and we’ve welcomed new groups to the building such as the Alzheimer’s group, Senior Citizens and additional counselling services.

Almost all facilities in the building have been renovated; ICT has been upgraded to fibre-optic and communication systems expanded to all offices & floors. One final office is being added in January 2019.

Our biggest new adventure during 2018 was the opening of a Community Cafe in September 2018. Like any new project it had teething problems but is now serving good food on a daily basis, in a warm hospitable environment and is very good value for money. You should try it out!

Challenges:

As with any community development organisation we have our challenges, the main ones being:

- The majority of the funding received is on a year to year basis and while it is generally rolled over each year there is no guarantee that it will continue or won’t be cut. It would be good for the organisation, employees and the community if a longer term commitment to core funding was given – even on a three to five year basis. This type of commitment would provide greater security, contributing to stability, the sustainability of community work and its long term impact.

- We have been seeking a green space (1-2 acres) for the past few years to develop a community garden and allotments. We have secured funding and while both the HSE and Cork Co. Co. have endorsed our proposals in principle, three years later we have not been offered a lease on local public land. This delay has been very frustrating and particularly for members of the Men’s Shed who were to be the primary beneficiary.

- Cumann na Daoine has supported and led on joint initiatives for Youghal – all of which are based on a detailed needs analysis. Again these proposals, e.g. Family Resource Centre, Culinary School, DSGBV support services, Youth Worker have all been welcomed by public sector agencies but a year later, our proposals have been put on the back burner by funding agencies and/or politicians.

We continue to try to go around or climb over these barriers but we need the support of key institutions to address these challenges in partnership with us.

- While we have increased our visibility on social media through facebook and a redesign of our website, regular ongoing updating of these platforms is challenging due to not having a dedicated resource for this task. Instead we rely on other staff allocating some time and occasionally we get a Tús worker who can update some news but it is inconsistent. We continue to try and improve this situation.

3. Traveller Culture Awareness, LGBT+ Awareness, Team days, Advanced Excel and First Aid.
The Future:

We have big plans for 2019 which are described in more detail on page 18. These projects are aimed at benefiting a wider number of people in the Youghal area and they need to be delivered collaboratively with large scale partners, such as the ETB, Cork County Council and UCC. We look forward to the year ahead and working in partnership with other stakeholders and the local community.

We welcome all people living or working in Youghal to drop into our centre. We have a specific focus on social inclusion for those most vulnerable and marginalised (see local statistics on page 20).

I would particularly like to thank all the staff at CnD for making the centre a warm and welcoming space, taking care of people when they call in and taking care of each other as staff, volunteers and management.

The remainder of the report will give you insights into our work this year and identifies the priorities for 2019. Enjoy the read.

Maria Power, Development Manager.
Local Community Development Work:

My first full year with Cumann na Daoine has been exciting and working with the people of Youghal is a delight. In my role of Local Community Development Worker I’m involved in a variety of projects, all of them very rewarding.

Working closely with Youghal Residents Network, the Afterschool Club has gone from strength to strength. With an extra grant from Tusla Child & Family Agency, we were able to start looking for premises to house a second Afterschool. We wanted to bring the second club ‘up the hill’ to make it easier for families in Local Authority housing to access the service and we were well supported by the Holy Family Church and Youghal GAA. In September new tutors were recruited and we were very happy to welcome Linda O’Brien and Eoghan Keniry as tutors, and Lucy Renard as the new CE Assistant. The second Club started with 12 places on offer and all were filled within a week, showing how much the service is needed. Meanwhile the Nagle House Afterschool Club, running smoothly for a number of years, continues to provide homework and social support for another 12 children, with teachers from Bun Scoil Mhuire tutoring, ably assisted by CE Assistant Geraldine Cronin. We’re looking forward to building on this work in 2019 and working with the three national schools in the town to support children and their families.

Our Community Heritage Project ‘Living Memories’ got a further boost in 2018 when we decided to use a collaborative approach. The Residents Network, Cumann na Daoine, Youghal GAA, Bru na Sí and Youghal Community Health Project have together set up the ‘Top of the Hill’ programme, complete with its own facebook page, to share a wide range of activities with local people. By working together, we will be better able to preserve and acknowledge the history and culture of Youghal’s four oldest estates – Sarsfield Terrace, Raheen Park, Dermot Hurley and Blackwater Heights – and be sure that residents have the biggest voice in how this is done. As part of this, a Heritage Film night took place as part of the Lifelong Learning Festival. Local filmmaker Michael Twomey generously let us screen his film The Red Barn story, which was a delight to watch and brought up many a memory for the audience.

I’m pleased to have had the opportunity to work with the staff and students from the Local Training Initiative Culinary Skills course, based in Cumann na Daoine. These students undertook a heritage and tourism project of their own called Youghal: Through Our Eyes in which they visited and photographed sites in the town that hold particular memories for them. We hope to see the final results of this in an exhibition at Cumann na Daoine and other community venues in 2019.
I also worked with the students and our new Community Cafe to present two Le Cheile multicultural events. The first brought young musicians from the East Cork Music Project together with the Women’s Group and local residents in a celebration of diversity – with tasty cakes provided by the talented LTI crew. Our second Le Cheile took place as part of the Culture Night celebrations in September, with a get-together and buffet followed by a series of film shorts from different countries. Over 20 people attended each of these events.

Early in the year I received a number of queries about LGBT+ supports. The lesbian, gay, bisexual and transgender people of this area had no group or meeting space to help build friendships and socialise, so the East Cork/West Waterford LGBT+ Network was born! Throughout the year, monthly Pop-Up Cafes were held at Cumann na Daoine, with 20 people attending the first gathering. To support this community, I delivered LGBT+ Awareness Training to 24 people from a variety of services, including CnD staff and volunteers. The Network changed its name in October to the simpler Youghal LGBT+ Network and is still going strong. Links with the local library means a book club is emerging and the Network also held other events – a cheese and wine night was great fun, as was a film screening of Parade. A highlight for the Network – and for the town – was the first ever Youghal Pride by the Sea, linking it to the Pride celebrations across the country. Thanks to Cork Pride and Cork County Council, a great day out was had on the Front Strand, despite the windy weather. I was very happy to see 150 people: adults and children, gathered on the beach with rainbow colours everywhere. I was also glad to welcome TD David Stanton there on the day, as he is developing the national LGBT+ Inclusion Strategy. I’m looking forward to working with these partners again to bring Youghal Pride by the Sea back in the coming year.

It’s always a pleasure to offer support to the Women’s Group - they always have an idea up their sleeve - their Bealtaine Tea Dance was a very well-attended event in May and the floor rang with the dancing feet! As the Community Café came to life, I introduced some local artists willing to display their work and hope that other artists will benefit from this opportunity in 2019. Community Radio Youghal (CRY) is a great service to this town, and it’s been a pleasure to link closely with Gerry Murray, planning regular Cumann na Daoine slots to let people know what’s on. Everyone at the station is keen to support our work here and is always willing to bring someone on air. In the background, I’ve enjoyed the necessary administrative work that keeps all these projects alive and which included reviewing and updating the Afterschool Policy Handbook and preparing submissions to national strategies on behalf of groups; planning courses and linking with other projects. I also took part in consultations on youth mental health needs with Jigsaw, local research with Community Connectors and a needs analysis for domestic violence services in the region. I also had the pleasure (and learning curve!) of editing our redesigned website, and thanks to Kieran McCarthy for all his skill and support.

The staff and Board of Cumann na Daoine are so supportive and generous with their time. Working in this centre is a pleasure, knowing that we’re all pulling together and that whenever I need a hand, there’ll be someone to lend one. The friendly, warm welcome of Cumann na Daoine is always there.

Hayley Fox-Roberts
Our Mission: To provide, support and coordinate education and training as a model of excellence, while providing a programme that empowers people to help themselves and enhance their skills and employability.

Our Values:
- To advocate for equality and inclusion
- To provide a positive learning experience
- To promote skills training for employment

Core Functions: The Cumann na Daoine LTI is run in partnership with the Cork ETB, with two fulltime staff and 12 students on the course. The initiative provides opportunities for learners aged between 20-35 to participate and learn new skills designed for employment in the hospitality industry. Programme includes: Level 3 Culinary Skills; Level 4 Employability Skills; Level 4 Tourism Visitor Care and HACCP certification.

Our Team: Michelle Duffy, Coordinator; Lynda Brophy, Assistant Coordinator; Oonagh Paynton, Cooking Instructor and Bon Elliot, Group Facilitator are committed to providing a positive experience to our group. Michelle, Lynda and Bon come from a Youth & Community Work background and have worked in a range of roles in mental health, training and education. Oonagh is Ballymaloe-trained and successfully runs the Rhincrew Cookery School in Youghal. We focus on supporting our learners as they progress to further education and/or employment with a broad range of skills that work well together for the overall running of the programme.

Local Relationships: Our course has continued to develop this year with the addition of cooking lessons for the learners at the ‘Cooking Academy’. This has been a very successful experience for the learners, preparing them for work in a busy kitchen. Local businesses continue to support the LTI by being receptive to our learners, who are HACCP-trained before going out on work experience. All learners successfully found and completed a work placement in the locality.

Our group engaged in Barista training, food demonstrations, work experience, a tourism project ‘Youghal: Through Our Eyes’; created a recipe book ‘Cook, Bake, Eat’ and a range of day-to-day tasks throughout the year.
The CnD Community Cafe opened its doors for business in September 2019. The Cafe’s aim is to provide a safe space for people in the community and provide good quality affordable food.

The Cafe opens daily from 8.45am to 11.30am for breakfast and from 12 noon until 3pm for lunch, with last orders at 2.45pm. The breakfast menu consists of full Irish breakfast; mini breakfast; scrambled eggs; bacon butties and porridge. The Cafe’s lunch menu rotates weekly, for example soups, sandwiches, goujons, etc. and a traditional dish such as bacon and cabbage. Feedback from customers is that the food is good and they are getting great value for their money. It has taken a while to establish ourselves as a new business but we feel that the business is now starting to grow. The food whilst being affordable is of very good quality and sourced from local businesses as far as practicable. We had initially allocated Thursdays to traditional dinners but due to the popularity of them, we decided to have a traditional dish on the menu each day.

We have catered for a variety of groups over the past few months such as Youghal Historical Society, the Women’s Group, Mental Health Services and have upcoming group bookings for the Youghal Men’s Shed, Youghal Enterprise Centre and Youghal Bowling Group. We will also be catering for the Spring Chickens older persons’ programme commencing March 2019 for one day every week.

Our main objective as a Community Cafe is to provide affordable meals to people in the community who may be vulnerable or feel excluded in society and for those who want to build an integrated community. We have had feedback that the Cafe is meeting this need as users have commented on the fact that the Cafe has a very welcoming feel to it and many members of the community mix together and become regulars.

Some examples of our dishes can be seen below: Bacon & Cabbage (a popular choice), Cream of Chicken and a range of desserts.

A typical weekly menu is as follows:

Full and Mini Breakfasts; Soup of the Day (Vegetable), Cajun Chicken Burger with Side Salad & Chips, Italian Ciabatta, Toasted Special, Traditional-style Bangers & Mash, Chicken Goujons & Chips, Chicken & Mushroom a la Crème, Gratin of Cod and Friday All Day Breakasts, Soup & Sandwiches.

Everyone and particularly groups are very welcome to our Community Café.

If you would like to arrange a booking, call Caroline the Café Manager on 087 2824832.
The East Cork Traveller Project commenced in earnest in May 2018. Since then, the East Cork Traveller Community Development Worker attended many regional and county meetings in relation to Traveller health, accommodation, leadership and other themes. On-the-ground work included meeting families in Midleton and Youghal, providing support and linking individuals and families with service providers. In addition, links were made with schools and other community organisations to explore collaborative approaches to the work and group work with young women ran for a few weeks during October/November 2018. Towards the end of 2018, a presentation of the East Cork Traveller Research Report (2016) was given to the 20 agencies and organisations who attended the seminar at Cumann na Daoine. This presentation was followed by a robust discussion on Traveller lives and service provision in East Cork. The Traveller Community Development Worker moved location in December resulting in a new recruitment process to be implemented early in 2019.

New work plans for 2019 are currently being developed in conjunction with the East Cork Traveller Steering Committee. It is expected that these plans will be finalised and ready for implementation by the end of March 2019.

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**Front Office:**

The Reception area in Cumann Na Daoine is located on the ground floor where a warm welcome is extended to all. It is a busy office which forms the hub of our Community Development Project.

We provide information on programmes and courses in the community and try to make sure that everyone is supported and has access to resources that make them feel valued and respected. We work with SECAD, Department of Employment Affairs and Social Protection (DEASP), and Cork Education Training Board (CETB) to provide these programmes. We keep an up-to-date Jobs Board in our hallway to aid people in finding employment. With the addition of new agencies working from our building we can provide contact information for Mental Health Counsellors, Barnardos Family Supports and Jigsaw Youth Mental Health Services. Information regarding our in-house groups; Women’s Social Group; Men’s Shed Group; LGBT+ Network; Camera Club; Craft Group and Cardiac Support, to name a few, can be accessed here. Information and booking of our low-cost rooms can also be done from this office. Cumann Na Daoine is quite often the first stop for new residents in town to check out local amenities, courses and doctors - and many offer voluntary hours.

Our office is staffed by Community Employment, Tús and Rural Social Scheme employees, however due to our increased footfall we could not operate this office without our fabulous volunteers who are so generous with their time.

CnD is compliant with all health, safety and building regulations. External professional checks are carried out twice a year and full insurance is in place for all activities, facilities and equipment. All our caretakers are committed to keeping the building maintained to very high standards and the centre is always warm, clean and safe.
Youghal Community Family Support Project was established in October 2017, jointly funded by Tusla and Tomar Trust with the aim of supporting children and young people in Youghal, along with their parents/carers, to achieve positive outcomes in the social and educational aspects of their lives.

Objectives

- To provide home-based support to vulnerable families who are concerned about their children’s development. The focus is on preventative support.

- To work with families with a focus on improving parenting skills and child/parent relationships in order to reduce and or prevent difficulties with children as they grow older, such as early school leaving, anti-social or risky behaviour.

- To work in partnership with other agencies and service providers so that co-ordinated approaches to working with children, young people and their families complement local initiatives and achieve optimum impact for families.
Work to date:

- Barnardos Partnership with Parents programme (PWP). 1-1 Intensive home-based tailor-made parenting support.
- Individual home based family support in relation to parenting a teenager
- Bun Scoil Mhuire - Roots of Empathy Programme, 23 Junior Infants.
- DSGBV Advisory Group, part of working group to address needs of families impacted by domestic abuse.
- Barnardos Partnership with Parents programme (PWP) 0-2 years. 1-1 Intensive home-based tailor-made parenting support.
- Practical Family Support
- Advocacy
- Crisis Intervention within Case Work
- Non Violent Resistance NVR Programme, Child to Parent Violence Parenting Support
- Signposting
- Parental Support/Guidance

Links with:

- Tusla Child & Family Agency
- Youghal Community Health Project
- Child & Adult Mental Health Services (CAMHS)
- Local Training Initiative (LTI)
- South & East Cork Area Development (SECAD)
- Public Health Nurses
- East Cork Traveller Community Development Worker
- Gardaí Youth Diversion Project (GYDP)

In the last year we have worked with several agencies to support families with parenting and positively impact the parent-child relationship. We have worked with 18 families impacting on 23 children in the community. Our referrals come from a number of pathways including self-referral, Tusla, Youghal Community Health Project, Cumann na Daoine, CAMHS, and GYDP.

Other Services:

Several other service providers operate out of the Cumann na Daoine Resource Centre and these are:

<table>
<thead>
<tr>
<th>DEASP</th>
<th>Addiction Services</th>
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<tbody>
<tr>
<td>HSE Mental Health Services</td>
<td>Counselling</td>
</tr>
<tr>
<td>SECAD Employment Supports</td>
<td>Weekly courses (see page 20)</td>
</tr>
</tbody>
</table>
My name is Virginia Sandoval. I am a qualified Accounting Technician (MIATI) and have been working in Cumann Na Daoine for the past 4 years as the Financial Administrator.

This past year has been challenging due to the numerous funding applications completed/received and the resulting recruitment processes that were undertaken by CnD. However, CnD has remained strong and we have risen above the challenges that arose during the year.

We finally saw the fruits of our labour pay off when the Cumann Na Daoine Community Café opened in September of 2018. It had taken about 2 years of hard work and lots of paperwork to get the funding for this Community Services Programme through Pobal, but it happened and the business and footfall has been gradually growing since. Through grants from the HSE, Cork County Council, Pobal and Local Enterprise Office (LEO), Cumann Na Daoine employs a Development Manager, Community Development workers and the Community Café employs 2 cooks and a Manager. All financial management, accounting and payroll systems are centrally controlled and reports are given to the Management Committee and the Finance Sub-group on a regular basis. We also manage the Local Training Initiative and Youghal Residents’ Network accounts.

The need to keep developing our company in line with today’s high standards is always at the forefront of our plans, especially our ongoing compliance with the Governance Code (completed in 2017). We are committed to increasing our financial reserves on a yearly basis, in line with our policies, which prepares us for any unforeseen circumstances that may arise. Staff are Garda Vetted as appropriate and all policies are monitored by the Finance Office.

Keeping Cumann Na Daoine up-to-date and current as an organisation is an ongoing process and with the introduction of the new GDPR regulations and the introduction of the PAYE modernisation system, we have focused on training and seminars to ensure compliance. We strive for quality and excellence across all of our programmes while Cumann Na Daoine continues to grow and meet high standards.

Our accounts are audited once a year by Ger Motherway and Sons Accountants, Youghal. These accounts are publicly available and we are fully compliant with Revenue and Company Law requirements. See annual accounts for details.

We bank with AIB, Main Street, Youghal where we have a good working relationship and we maintain several accounts that require monitoring and management.

Our solicitors are Noonan, Linehan, Carroll & Coffey based in the South Mall, Cork.

Some financial summaries are given on the following page:
CnD Engagement Nos Total 935

- **LTI**: 26%
- **Local Comm Dev**: 64%
- **ECT CDW**: 6%
- **Community Cafe**: 4%
- **Finance Admin**: 0%

CnD Linkages and Collaborations 39

- **Linkages**:
  - **LTI**: 0
  - **Local Comm Dev**: 19
  - **ECT CDW**: 6
  - **Community Cafe**: 4
  - **Finance Admin**: 3

- **Collaborations**:
  - **LTI**: 0
  - **Local Comm Dev**: 2
  - **ECT CDW**: 2
  - **Community Cafe**: 0
  - **Finance Admin**: 0
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<th>ITEM</th>
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<td>Misc</td>
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<td>Subscriptions &amp; Maint Contracts</td>
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<td><strong>TOTAL OP EXP</strong></td>
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<td>Capital and Renovations</td>
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<td>Transfer to Reserves</td>
<td>20,000</td>
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</table>
2019 Priorities & Targets:

CnD Community Café
- Grow the business to maximum capacity focusing on the provision of meals and social activities.
- Continue to offer a range of education and social programmes throughout the year.

Men’s Shed & Allotments
- Obtain a lease from Cork Co Co/HSE/other.
- Develop the space appropriately.
- Link this project to all men’s groups in Youghal and the CnD Community Café.

Development Work
- Continue work with Travellers in East Cork.
- Support YRN, Men’s and Women’s groups.
- Continue to develop Community Heritage project.
- Support Youghal LGBT+ Network to strengthen.
- Support the application for an FRC for Youghal.
- Support applications for DSGBV services and a Youth Worker for Youghal.

‘Pride by the Sea’ Annual Event
- Set up new working group to plan and deliver a full ‘Pride by the Sea’ event in 2019.
- Do this in partnership with Youghal Chamber of Tourism and Commerce, EC MD, YFA.

Employment Creation
- Implement the work plan of the Employment Creation Network which includes work with employers, ICT presentations and job preparation.
- Explore research proposal with UCC and Upskilling Needs Analysis with DEASP.

East Cork Culinary School
- Work with the ETB as partners to develop a full-time culinary school in Youghal which will provide education and skills up to FETAC Level 6.
- Application to RRDF prepared and submitted.

CnD Organisation
- Implement CPD programme for all staff and volunteers.
- Develop whole town partnership work to bring greater benefits to Youghal. Plan the development of a new strategy 2020 – 2025.
- Explore expanding/acquiring premises.
Cumann na Daoine Organisation Structure:

Management Committee Board of Directors

Project Co-ordinator & Development

Staff Liaison Group

Finance Group

Volunteers/Students

Finance & Admin

Employment Schemes

Local Training Initiative

LCDW

ECT

CSP

External Service Providers
### Barnardos - Family Support
021 - 85331 / 086 - 7015250

### Jigsaw Mental Health Services
Call 021-2452500

### East Cork Traveller Project
Call: 024-91900

### Counselling
First 3 sessions free—€10 per 1 hr session thereafter
Call Mike: 087-6053838

### Afterschool Club: Youghal Residents Network
Call Hayley: 024-91900

### Employment Supports (DEASP)
John Dooley & Elizabeth Beckom
021-4650441

### Employment Support Clinics SECAD
021-4613432  www.secad.ie

### Addiction Support Services
Call – 021-4887110

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**Follow us:**
- www.cumannnadaoine.com/
- cumannnadaoine@gmail.com
- www.facebook.com/cumannnadaoine/
- 024-91900

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CUMANN NA DAOINE
COMMUNITY DEVELOPMENT RESOURCE CENTRE
CATHERINE STREET
YOUGHAL
CO. CORK

**Office Hours**
Monday to Friday
9:00am - 5:00pm

YOU ARE ALL WELCOME TO DROP IN
### Mission Statement

**Cumann Na Daoine**

Community Development Resource Centre is a community-based organisation in Youghal. We aim to provide programmes which will empower people to help themselves and each other by giving people a voice, building confidence, creating awareness of social issues.

The spirit of the project is to reach out to all, enhancing their skills, giving them belief in their own dignity and self-worth, breaking down barriers through listening to and accepting each other's differences.

We work from the principles of equality and inclusion. We are committed to providing a safe comfortable and confidential environment for people to explore and value their own power.

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### CND Café

- **Monday—Thursday**
  - Breakfast 9:00am - 11:00am
  - Lunch 12-3
- **Friday**
  - All day breakfast; soup and sandwiches
  - 9:00am-1:00pm

---

### Room Hire

Cumann na Daoine has a variety of meeting rooms available for hire at Catherine Street in Youghal. These facilities are ideal for a wide range of activities and include large screen LCT equipment and catering services. They are available Monday to Friday throughout the year excluding Bank Holidays. Weekend hire may be available in certain circumstances.

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### Youghal LGBT+ Network Pop-Up Café

Contact for more info
024-91900/0879890336
hayleycumannnadacine@gmail.com

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### Culinary Skills Course—Local Initiative Training Contact: Lynda or Michelle

- **024-91500**
- **Men's Shed Social Club**
  - **Thursdays 11:00am**
- **Women's Group**
  - **Wednesdays 3:00pm**
- **Pilates Class**
  - **Wednesday 7:30pm**
  - **Beginner and Intermediate**
- **Bingo**
  - **Thursday 7pm**
- **Indoor Bowls**
  - **Fridays 2:00pm**
- **Music Group**
  - **Thursdays 7:30pm**
- **Yoga Class**
  - **Monday 7:30pm**
- **Sinead Shepherd School of Dance**
  - **Friday from 4:00pm**
- **Art Group**
  - **Every Tuesday 11am**
- **Courses Promoting Positive Mental Health**
  - Tai-Chi, Mindfulness, Zest for Life
## Statistics for Youghal Urban Area 2016

(Most recent CSO data collection date)

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<td>263</td>
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<td>-0.1</td>
<td>-0.25</td>
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<tr>
<td>Age dependency ratio (%)</td>
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<td>44.44</td>
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<td>40.09</td>
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<td>48</td>
<td>33</td>
<td>39</td>
<td>55</td>
<td>59</td>
<td>45</td>
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<td>38</td>
<td>28</td>
<td>27</td>
<td>10</td>
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<tr>
<td>Prop. primary education only (%)</td>
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<td>12.27</td>
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<td>16.04</td>
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<td>Prop. local authority rented (%)</td>
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<td>Unemployment rate - male (%)</td>
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<td>45.78</td>
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Our Sponsors

- Jigsaw Cork
- Cumann na Daoine Volunteers
- Cork County Council
- Department of Rural and Community Development
- An Roinn Forbairt Tuasithe agus Pobail
- Health Service Executive
- An Roinn Coiníse Sóisialta
- Tusla
- SECAD
- Barnardos
- Youghal Credit Union LTD
- BIM
- Pobal
Catherine Street, Youghal, Co. Cork.

Tel: 024-91900  
Email: cumannnadaoine@gmail.com  
Web: Cumann na Daoine.com  
Facebook: Cumann na Daoine